

Sensing, Flow & Intuition in Thai Massage

an advanced workshop to refine your sensing, movement and intuitive abilities

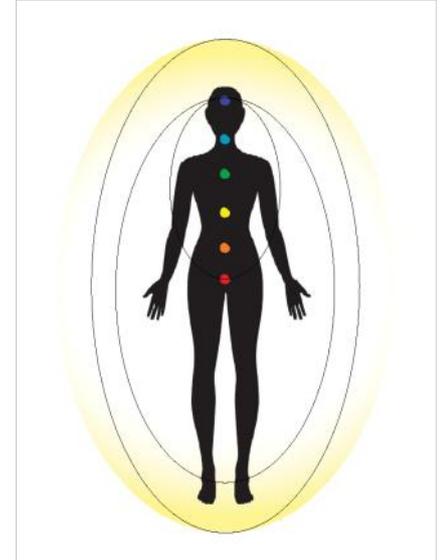
Fri-Sat-Sun, May 4-5-6, 2018 (18 hours) - £325

School of Thai Yoga Massage, London UK - Instructor Bob Haddad, RTT

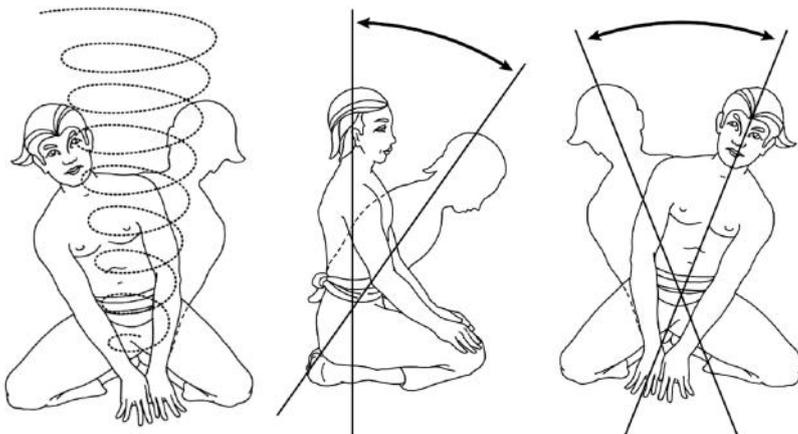
Sensing, Flow & Intuition in Thai Massage

This specialized workshop deals with advanced techniques and concepts, and you should already have a working knowledge of Thai massage. The course focuses on these themes:

- How to cultivate graceful flow in your practice
- Tricks and techniques for sensing and releasing energy blocks
- Alternative ways to work leg lines with hands and feet
- Breathing patterns, rocking movements and body mechanics
- How to sharpen and follow your intuition
- How to integrate distraction techniques into your sequences
- Using resting poses in your work; and much more.



Each day there is discussion, demonstration, new techniques, guided exercises and practice. Each person works on and receives from different people each day, and the teacher helps you to organically integrate the new concepts and techniques into your own Thai massage styles and sequences.



This is a powerful and challenging course that draws on your individual strengths and helps you to change your old habits and work with more grace and ease. It can help you work on the mat in a more spiritual way, and with more awareness, depth, sensitivity and focus.

3 days, 18 hours, certificate awarded

School of Thai Yoga Massage

Held at Bickerton House, 25 Bickerton Road, London, n19 5js [VIEW MAP](#)

For more information, or to reserve your space in this workshop, contact Kira:

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info@thaiyogamassage.co.uk



Bob Haddad has studied in Thailand since 1999. He is the founder of Thai Healing Alliance, author of *Thai Massage: Practice, Culture & Spirituality*, and he teaches workshops around the world. Join us for a challenging workshop that can change the way you practice bodywork.

