

## Bob Haddad's NCBTMB-approved courses – as of 2022

**Advanced courses** – for those with some previous study of Thai massage

Upper Body Advanced Techniques 20 hours, 30 hours

Assessment, Sensing, Flow & Intuition in Thai Massage 20 hours, 28 hours

Supine & Seated Positions 13 hours, 20 hours

Care & Feeding of your Thai Massage Practice 7 hours, 13 hours

Energy Release and the Art of Self Protection 13 hours

Ergonomics & Breathwork in Nuad Boran 7 hours, 13 hours

Master Class and Review 20 hours (Any advanced material may be taught within this course name)

Meditation in Movement: Advanced techniques and concepts 13 hours, 20 hours

Pregnancy and Thai Massage 7 hours

Prone & Side Position Thai Techniques 13 hours

Sensing, Flow & Intuition in Thai Massage, 13 hours

Advanced herbal compress techniques 7 hours, 13 hours

Using Your Feet in Thai Massage 7 hours, 13 hours, 20 hours, 25 hours

Working the Shoulders, Neck, Head & Face 7 hours, 13 hours, 20 hours

Working the Feet and Lower Leg Lines 7 hours, 13 hours

**Intro courses** – these do not require previous study of Thai massage

Elements of Nuad Boran (intro course) 7 hours, 13 hours

Introduction to Thai Yoga Therapy 13 hours

Thai Herbal Compress Therapy 6 hours, 13 hours

Thai Massage for Yoga & Bodywork 7 hours, 13 hours